

## Neqelaxstala (lunch)

pronounced "ne-khay-lach-sta-la"



### Seafood Chowder

Piping hot, fresh and loaded. Served with house made bannock.

**Small 6**

**Large 10**

### Garden Green Salad [GF] [V]

A fresh blend of assorted greens with cucumber, mixed bell peppers, grape tomatoes, carrots and red onion with your choice of dressing. 11

### Strawberry Spinach Salad [GF] [V]

Sliced strawberries and pineapple, bell peppers, cucumbers, grape tomatoes and carrots on top a bed of spinach and served your choice of dressing. 16

### Cranberry and Pecan Salad [GF] [V]

A light and flavourful mixed greens salad packed with dried cranberries, pecans, carrots, cucumbers, grape tomatoes, red onion and mixed bell peppers; Served with your choice of dressing. 15

### Caesar Salad

Crisp romaine lettuce combined with house made dressing, bacon bits, croutons and topped with parmesan cheese. 12

### Roasted Beet, Bacon and Pecan Salad [GF]

A delightful blend of roasted beets, bacon bits, pecans, cucumbers, carrots, grape tomatoes, red onion and feta cheese on top of a bed of assorted mixed greens; Served with balsamic vinaigrette. 18

### Seafood Cakes

Salmon, halibut, prawns and scallops combined with red onions and bell peppers then panko coated and flash fried until completely golden; Served with smoked onion and lemon aioli. 18

Add – 5oz Chicken 7.50 Add – Four Prawns 8.50 Add Shrimp – 5.00

Add 1 Slice Garlic Toast – 2.50

[GF] – Gluten Free

[V] – Vegetarian

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### **Fish & Chips**

One or two pieces of golden fried Pacific Ling Cod served with French fries, coleslaw and house made tartar.

One piece – 13

Two pieces – 17

### **Chicken Fingers & Fries**

Chicken fingers served with French fries or salad. Accompanied with your choice of plum sauce or honey mustard. 15

### **Chicken Finger Caesar Wrap**

Chicken fingers with house made Caesar dressing, sweet Thai chili sauce and romaine lettuce.

Served in a warm tortilla wrap with your choice of French fries or salad. 16

### **Shrimp Clubhouse**

Bacon, shrimp, lettuce, tomato, mayonnaise and cocktail sauce, stacked high and served with French fries or salad. 17

### **Falafel Wrap [V]**

Falafel, lettuce, feta cheese, cucumber, peanuts and tzatziki in a warm tortilla wrap; Served with French fries or salad. 16

### **Chicken Burger**

\*Grilled chicken breast on a Kaiser bun topped with lettuce, tomato, red onion, mayonnaise and honey mustard; Comes with French fries or salad. 16

### **Philly Cheese Steak**

Thinly sliced prime rib on top a hoagie bun with mixed bell peppers, mozzarella cheese, onions and mayonnaise; Comes with French fries or salad. 16

### **Prawns and Salad [GF]**

Five plump and juicy prawns slowly cooked in garlic butter and finished with fresh herbs and lemon; Served with Salad. 15

### **Fish Tacos**

3 fish tacos, with Pacific Ling cod, coleslaw, cilantro, a fresh salsa and lime wedge. Served in soft taco shells. 14

Substitute Fries or salad for: Onion Rings 1.50; Caesar Salad 2.00; Chowder 2.50

\*Substitute Kaiser bun for gluten free bun – 2.00

[GF] – Gluten Free

[V] – Vegetarian