## Ga?Axstala (breakfast)

pronounced "gha-ach-sta-la"



#### Pancakes

Three delicious pancakes topped with fresh berry compote and whipped cream. 12

#### Classic Breakfast

Two eggs, any style, with hash browns, toast and your choice of bacon, ham or sausage. 11

#### TKL Jenny's Bennys

Two poached eggs and traditional hollandaise sauce on a toasted English muffin. Served with hash browns

Ham or Bacon Benedict - 14 Avocado, tomato and spinach – 14 Smoked salmon - 16

#### Hamatsa Hash

Smoked salmon, green onion, diced red and green bell peppers, served over hash browns.

Comes with 2 eggs any style and toast. 16

#### Full Canadian Breakfast

Fresh fruit, 2 eggs your choice of style with bacon, hash browns and small pancake. 15

#### Continental

Yogurt, with berry compote and a hearty granola served in a glass.

Served with a fresh croissant. 9.50

#### Omelette

3 Egg omelette with 3 toppings of your choice: ham, bacon, red & green bell peppers, green onions, cheddar cheese, tomatoes, smoked salmon, cream cheese, spinach;

Served with hash browns and toast, 14.50

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#### SIDE ORDERS

Toast, two slices of whole wheat or white. 3

Gluten-free toast. 3.50

Side of bacon or sausage. 4

Additional egg (each). 2

Side of hash browns. 3

Cold Cereal. 4

Oatmeal with brown sugar, raisins and milk. 6

Fruit Bowl. 8

### **BEVERAGES**

Fresh brewed coffee, regular or

decaf. 3

Orange pekoe tea or herbal tea. 3

Hot chocolate. 3

Milk, small 2, large. 3

Juice, apple, orange, cranberry, grape-fruit, pineapple, small, 3, large. 4

# Negelaxstala (lunch)

pronounced "ne-khay-lach-sta-la"



#### Seafood Chowder

Piping hot chowder loaded with a medley of seafood and vegetables; served with bannock.

Small 5

Large 9

## Avocado and Shrimp Spinach Salad

Sliced avocados and baby shrimp with grape tomatoes, red onion, carrots, bell peppers and cucumbers on top of spinach and finished with a sesame crusted cream cheese and served with our house dressing. 15

#### Caesar Salad

Crisp romaine lettuce tossed with our house made creamy garlic caesar dressing, bacon and croutons. Finished with parmesan cheese and a lemon wedge. 10

#### Pineapple and Pecan Salad

Fresh vegetables, roasted pineapple, pecans, dried cranberries on top a bed of mixed artisan greens. Served with our house dressing. 14

#### Garden Salad

Mixed greens loaded with fresh vegetables and blueberries; choice of balsamic vinaigrette, blueberry vinaigrette, ranch or blue cheese. 10

Add – Chicken or shrimp to your salad. 5 Add – Garlic toast. 3

# Negelaxstala (lunch)

pronounced "ne-khay-lach-sta-la"



## Fish and Chips

One or two pieces of golden fried Pacific Ling Cod served with French fries and house made tartar.

One piece - 12 Two pieces - 16

#### Chicken Fingers and Fries

Chicken fingers served with French fries, salad or soup. Accompanied with your choice of plum sauce or honey mustard. 14

#### Chicken Finger Caesar Wrap

Chicken fingers with house made Caesar dressing, sweet Thai chili sauce and romaine lettuce. Served in a warm tortilla wrap with your choice of French fries, salad or soup 15

#### B.L.T. Sandwich

Bacon, lettuce and tomato sandwich with cheddar cheese; Comes with your choice of French fries, salad or soup. 14

#### Beef Burger

6oz house made beef burger with cheddar cheese, tomato, lettuce and red onion. Served with French fries, salad or soup. 15

#### Prime Rib Dip

Shaved prime rib served on a hoagie bun with horseradish. Served with au jus on the side and your choice of French fries, salad or soup. 16

#### Falafel Wrap

Falafel, lettuce, tomato, cucumber and tzatziki in a warm tortilla wrap; comes with French fries, soup or salad. 13

# Dzaquaxtala (dinner)

pronounced "dza-kwach-sta-la"



#### **SALADS**

#### Avocado and Shrimp Spinach Salad

Sliced avocados and baby shrimp with grape tomatoes, red onion, carrots, bell peppers and cucumbers on top of spinach and finished with a sesame crusted cream cheese and served with our house made dressing 15

#### Caesar Salad

Crisp romaine lettuce tossed with our house made creamy garlic Caesar dressing, bacon, deep fried capers and croutons. Finished with parmesan cheese and a lemon wedge 10

#### Pineapple and Pecan Salad

Fresh vegetables, roasted pineapple, pecans, dried cranberries on top a bed of mixed artisan greens. Served with our house made dressing 14

#### Garden Salad

Mixed greens loaded with fresh vegetables and blueberries. Served with our own house made dressing 10

Add – Chicken or shrimp to your salad 5 Add – Garlic toast 3

# Dzaquaxtala (dinner)

pronounced "dza-kwach-sta-la"



#### **ENTRÉES**

#### Pork tenderloin

8oz pork tenderloin pan seared and oven roasted with an orange and apricot glaze and served medium. Accompanied with roasted potatoes and fresh seasonal vegetables. 25

#### Seared Halibut

6oz Pan seared pacific halibut over top a flavorful citrus cream sauce and served with a basmati rice pilaf and seasonal vegetables. 30

#### New York Strip Loin

8oz AAA New York Striploin charbroiled to your liking topped with sautéed mushrooms, Accompanied with roasted potatoes and seasonal vegetables. 32

#### Marinated Chicken

Two 5oz tender chicken breast marinated in lemon and thyme, roasted to perfection and served with a basmati rice pilaf and seasonal vegetables. 26

#### Grilled Wild salmon

6oz grilled wild pacific sockeye salmon topped with a pineapple salsa and served with basmati rice pilaf and seasonal vegetables. 27

#### Eggplant and Mushroom Lasagna

Vegetarian lasagna with garlic, onions, carrots, tomatoes, spinach, mushrooms, celery and eggplant. Served with roasted potatoes and seasonal vegetables. 24

## Kids Menu



# Grilled cheese sandwich

Served with French fries, salad or soup 9

## Fish and chips

One piece of cod with French fries 9.50

## **Chicken Fingers**

Two house made panko breaded chicken fingers served with French fries, salad or soup 9

# Sockeye salmon dinner

3oz piece of pacific wild sockeye salmon with French fries and seasonal vegetables 14.50

# Dzaquaxtala (dinner)

pronounced "dza-kwach-sta-la"



#### Soup Du Jour

Piping hot, fresh and seasonal. 9

#### **Garlic Prawns**

8 Prawns sautéed in butter, white wine, garlic and shallots. 15

### Seared Tuna

6oz Ahi tuna seared and served rare on a bed of greens with mixed vegetables. Accompanied with tamari. 17

#### Seafood Cakes

A rich and delicious mixture of prawns, salmon, halibut, bell pepperS and onions, panko breaded served with a chili and lime aioli; comes with 3 cakes. 16

#### **Steamed Clams**

One pound of local manila clams steamed to perfection in a white wine and featuring shallots, tomato, garlic and mint. 16